

Pluggz shoes keep you connected to Mother Earth



Lifestyle

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Have you ever wondered why it feels so good to walk barefoot on grass or sand? It's because we are all standing on a natural energy source - the earth. When we walk barefoot on the earth we absorb the earth's energy in the form of electrons. These electrons enable us to get grounded -- and being grounded makes us feel better.

Each pair contains black plugs made from a custom carbon and rubber compound that sit under a weight bearing part of our feet ensuring electrical contact between us and the earth. These plugs are designed to conduct a flow of free electrons from the earth to our bodies. This proprietary technology allows us to get grounded when we walk on grass, sand, soil - or even concrete.

The first time you wear pluggz you might feel a small sensation coming from the ball of your foot. That's our plug going to work. As you wear them you're likely to start feeling what other pluggz wearers have reported feeling: more balanced, more energized, a sense of well-being, or calmer or fewer aches and pains.

Original article:

<http://www.examiner.com/article/pluggz-shoes-keep-you-connected-to-mother-earth>